



## • London Public Transport

**OYSTER.** On arrival in London, you may wish to consider purchasing an Oyster card from a London Underground ticket office. These cost £5 (partially refunded when you return it), and will roughly half the cost of travel around London. To use it, place some pre-pay credit on it; when using the underground touch in AND out to ensure you are charged correctly. On buses, just touch in when you get on the bus. Please be aware that buses in London no longer accept money.

## • Arrival

**Tavistock Hotel.** Tavistock Square, London WC1H 9EU, Tel: +44 (0)20 7636 8383  
Breakfast is included; free Wifi is available in the lobby.

**From Heathrow.** The easiest option is the Piccadilly Line (towards Cockfosters) from the underground stations at Heathrow, which will take you directly, in just under an hour, to Russell Square station. The hotel is a two-minute walk from the station (see Russell Square Area Guide attached).

For other airports, please contact us directly.

## • Directions to King's

**Bus.** Take bus number 59, 68, 91 or 168 from Tavistock Square, Bus Stop N. Alight at stop "Aldwych, Somerset House" (about a five-minute journey) which is immediately in front of King's.

**Walking.** It is a 20-minute walk from the Tavistock Hotel to King's College London. Follow the road down from Woburn Place, and follow this past Russell Square. This road will become Southampton Row and then past Holborn will become the Kingsway. Eventually you will reach Aldwych, which King's is directly behind. Cross over to Australia House, walk left until the corner, then turn right, and follow it round onto the Strand, where King's should be on your left. (King's College London Area Guide below).




**Underground** (*if you do not come from the hotel*). At Temple Underground Station, at the exit turn left and walk up the steps. Cross to the other side of the street and walk left along Temple Place, until you reach Surrey Street. Walk up Surrey Street (please do not take the entrance to the King's College London Students' Union) and when you reach the top of the road, turn left. The main King's College entrance is about thirty seconds along on your left.

**Arrival.** Please ask at the reception for directions to the Nash Theatre Lecture (River Room for Registration). Or you can follow this link (it includes pictures!): <http://www.digipal.eu/blog/directions-to-nash-lecture-theatre-k231/>

**Eduroam wifi** is available at King's.




## King's College London Area Guide



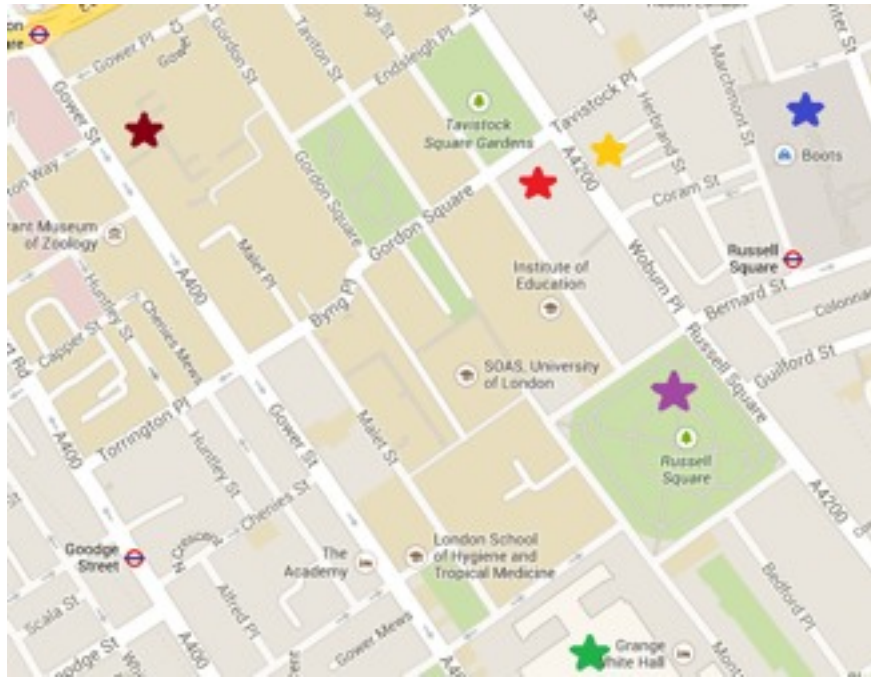
-  Sagar Vegetarian Restaurant
-  Food For Thought Vegetarian Restaurant
-  King's College London, Main entrance, WC2R 2LS, Tel +44 (0)20 7836 5454







## Soho Area Guide



-  Vantra Vitao (Vegan)
-  Mildred's (Vegetarian)
-  Tibits (Vegetarian)

## Russell Square Area Guide



-  The Tavistock Hotel
-  Brunswick Centre – Shopping Centre with a supermarket, pharmacy, and restaurants
-  British Museum
-  Russell Square – Park, with a cafe in the centre
-  Bus Stop
-  UCL

### Restaurant Guide

#### Vegetarian restaurants

**Sagar** - South Indian Pure Vegetarian - (King's College London Area Guide); 31 Catherine St, London WC2B 5JS; Tel: 020 7836 6377

**Mildreds** (Soho Area Guide) - Modern International Vegetarian - 45 Lexington Street, Soho London, W1F 9AN; Tel: 020 7494 1634

**Food For Thought** (King's College London Area Guide) - Organic Vegetarian - 31 Neal Street, Covent Garden, London WC2H 9PR; Tel: 020 7836 0239/9072

**Vantra Vitao** (Soho Area Guide) - Organic Vegan - 25-27 Oxford St, London W1D 2DW; Tel: 020 7439 8237

**Tibits** (Soho Area Guide) - Modern International Vegetarian - 12-14 Heddon Street, London W1B 4DA; Tel: 0207 758 4110.

#### Kosher Restaurants

There is a range on **Golders Green Road** (see the London Beth Din Kashrut division certified restaurants: <http://www.kosher.org.uk/article/restaurants-cafes>; the Sephardi Beth Din kashrut division for the following: <http://sephardikashrut.org.uk>